WHAT IS
Telehealth?

Simply put, telehealth encompasses all digital healthcare activities including a growing array of at-home technology (apps, devices, and wearables) that track your vital health information, can transmit data to your healthcare providers, and help your providers make more informed healthcare decisions.

➡ **A doctor consulting with a patient on a video call**

Remote Patient Monitoring
Using technology to collect health data (pulse, blood pressure, glucose levels, ketone levels, weight, etc.) from a patient, then transmit that data to healthcare providers for analysis and treatment recommendations.

The online exchange of test results between healthcare facilities

Telemedicine: often used as a synonym for telehealth, telemedicine actually refers to specific clinical services provided to patients.

COMMUNITY BENEFIT

Prevents the spread of infectious disease

HEALTHCARE BENEFIT

Provides doctors more data to make better decisions

Allows greater access to healthcare

PATIENT BENEFIT

Engages and motivates patients

Saves Time!